

# Hachioji & Mount Takao

## A premium wellness and cultural escape just one hour from central Tokyo

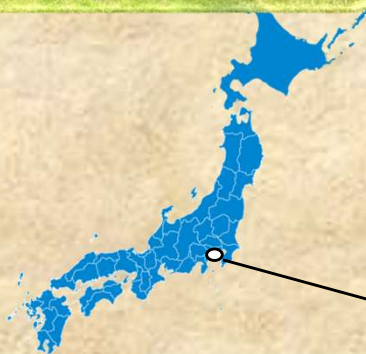
Experience the natural and cultural charm of western Tokyo on a wellness hike at Mount Takao, supported by a certified health professional providing a pre-hike check and wellbeing-focused guidance. Take in scenic viewpoints and historic temples, enjoy both street food and refined dining, and relax with a tea ceremony and an indigo-dyeing workshop — a revitalizing journey that nurtures body, mind, and spirit, available **all-year long**.

### **NEW!** Wellness Hiking with Certified Health Professional

- ☆ Pre-hike wellness check
- ☆ Safe, paced guidance for all fitness levels
- ☆ Nature-based mindfulness elements



- ▶ Number of Days : 1 night/2 days
- ▶ Seasonal Availability : Year-round  
\*Exclusion dates apply
- ▶ Group Size : Individual or collective
- ▶ Meeting Place : Designated Hotels within Tokyo
- ▶ Location : 1h by car or Keio railways from Shinjuku



Hachioji, Tokyo

### 【Experiences Line-up】

- |                                                                                                                                                     |                                                                                                                                         |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|
| <p>◎ <b>Dyeing experience@Noguchi dyeing Factory</b><br/>Time available for experience : 9:00-11:30; 13:00-15:30<br/>Typical duration : 1-2.5 h</p> | <p>◎ <b>Fine dining at Ukai Toriyama</b><br/>Time available for experience : 09:30 – 16:00<br/>Typical duration : 2h</p>                |
| <p>◎ <b>Tea ceremony@Dokurakuan</b><br/>Time available for experience : 09:30 – 16:00<br/>Typical duration : 45 min</p>                             | <p>◎ <b>Wellness hiking &amp; exploring Mount Takao</b><br/>Time available for experience : 09:00 – 16:00<br/>Typical duration : 5h</p> |
| <p>◎ <b>Souto Terrace – Lunch and leisure time</b><br/>Time available for experience : 10:00-21:00<br/>Typical duration : 1h</p>                    | <p>◎ <b>Landscape rock garden Komagino</b><br/>Time available for experience : 10:00 – 17:00<br/>Typical duration : 1h</p>              |



Noguchi dyeing factory



Yakuo-in Temple



Ukai Toriyama elegant architecture and fine dining



Dokurakuan Tea Estate



Souto Terrace Commercial Center





## WHY VISITING MOUNT TAKAO?

☆ **Accessibility:** Easy nature escape just 1 hour from Shinjuku. Perfect add-on to Tokyo itineraries.

☆ **Wellness:** Guided health-focused hike that suits all travelers and adds a unique wellbeing element.

☆ **Culture:** Hands-on crafts, tea ceremony, cuisine — rich content for FITs, small groups, and incentives.

☆ **Flexibility:** Fully customizable — all experiences can be combined or arranged as a private tour.

**\*HIGH-VALUE DESTINATION, EASILY REACHED VIA KEIO SERVICES — IDEAL FOR AN OVERNIGHT ESCAPE FROM TOKYO.**

■ **Price (per person):** Please consult

■ **Closing Date :** **45 days before**  
\*for closer dates, please consult

■ **Cancellation Fees**

- **No charges until 31 days prior to the start of the trip,**
- **30% of the trip fee from 20 days to the day before,**
- **50% on the day of the trip, and 100% for no-show after the start of the trip.**

■ **What's included**

**[Transportation]**

- Private Car (bus/mini-van/standard or luxurious car)

\*Round-trip transportation from you designated location in Tokyo

\*Transportation around Mount Takao area

**[Accommodation]**

- 1 night in Keio Plaza Hotel Hachioji (breakfast included)

**[Meals outside of those included in the accommodation]**

- Lunch at Souto Terrace
- Dinner at Ukai Toriyama

**[Standard package experiences]**

- Contents with "◎" mark (adjustable)

**[English speaking tour operator]**

- English interpreter/guide

■ **Not Included**

- Any other services not explicitly mentioned in the package outlined above
- Optional insurance premium

■ **Notes:**

- Reservations are made upon confirmation of payment.
- All images are for reference only.
- Availability may vary by season.

## Perfect for:

- FIT travelers • Couples • Small groups
- Incentives • Luxury travelers
- Wellness enthusiasts • Nature lovers



Mount Takao Cable car surrounded by lush greenery



Mount Fuji spectacular views from Mount Takao's peak



Serenity of Komagino Rock Garden